

Heidi's Healings



Heidi J. Petersen

- ☞ Clairvoyant Readings
- ☞ Energy Healings
- ☞ House Healings
- ☞ Business Healings

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Heal the spirit
 and the spirit will heal your life.



Heidi Petersen

In a suburban enclave filled with taupe tract homes, I was invited to explore an unexpected treasure: a house filled with fantastical landscapes. Each room set the stage for the unfolding of nothing less than a science fiction spectacle. The garage housed a flaming Martian civilization, the office a stormy blue seafaring adventure, the living room a grassy field alive with faeries, the kitchen a remote and foreboding woodland area, and the bedroom a royal palace. Everywhere I looked, the energy in this home was vibrant, opening to new worlds. When I was leaving, I marveled at the modest physical size of the house; energetically, it was boundless.

Clearly, the people who live in this house are imaginative. They had set the energy of the house to support their desire to explore new experiences at every turn. However, because they predominantly inhabit the world of spirit — by which I mean that they consciously create experiences on an energy level before deciding how to translate those experiences into physical form — these people are

accustomed to being misunderstood and unappreciated. Their house is not decorated with physical gems, but with the energy of beauty, fun and adventure. When they show off what they have created, many people do not see it. For them, a house healing was, in part, an opportunity to display their talents and to have them validated.

When I asked them whether they were writers, they both said, “No.” However, when I looked at them quizzically, they confessed to having works in progress that they immediately downplayed. These writers are in the process of owning their creativity. It overflows around them, but because it has been so seldom recognized and reflected back to them, they have not yet acknowledged it within themselves. Unless they surround themselves with energy workers, others will not recognize the immense creative talents of these writers until the writers themselves have owned their abilities, and brought them into physical form—by, say, finishing and publishing their books. Of course, once they have owned their gifts, they will no longer need other people’s recognition in order to encourage the expression of their creativity; they will recognize and validate it themselves. Such is the way of the world.

Just as you cannot judge a book by its cover, neither can you assess the energy of a home by its locale or décor. Likewise, people often hide their many talents and gifts. We all have abilities that we have not yet unveiled to the world. Sometimes we are waiting for a little recognition before we announce them publicly. However, by owning our talents we allow others to see our talents and ourselves. What boundless hitherto unseen energy do you house within yourself? Why not display the treasures of your spirit in the physical world? How nice to reveal more of ourselves to the world, surprise those people who thought that they knew everything about us, and receive the recognition that we deserve!

Heidi Petersen provides clairvoyant readings, energy healings and house healings. As a staff member of the Psychic Horizons Center in Boulder, she teaches house healing techniques to their students. For more information, or to schedule an appointment, please call Heidi at 303-652-2491.

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Giving is a Gift Itself

Katherine LaMay

What a glorious time of year! So many different cultures in joyous celebration, and in spite of differences in dogma, we are so much more alike than we are different. Like a wonderful box of paints or crayons! And who of us doesn't appreciate a thoughtful gift?

Our Healing Path community continues to grow and, as it does, more splendid ideas for giving arise. Take a peek through the magazine and you'll see what I mean. Or, check through the directory listings and classified section.

In the spirit of sustainability, go for a gift that speaks to the heart...a special garment or piece of jewelry, soul soothing music on CD or cassette. Consumables are wonderful: soaps, candles, incense, and food! Create your own thoughtful gift basket! Go to the Herb Shop and Wellness Spa, Energy Medicine Arts, Heart of the Earth or Earth Star Creations for clothing, herbal preparations, and metaphysical gifts.

Check out Nepal Tibet Imports for beautiful bamboo plants, spiritual gifts from the Far East, meditation music, incense and more. Or visit their new sister store, International Imports in Old Town Square for more decorative items.

For books and empowerment decks, Runes and Tarot, crystals and Tachyon, all abound at North Lights Books and Gifts!

Gift certificates for bodywork or energy work make wonderful presents especially for folks who do not like to spend money on their own pampering! Or, purchase a lovely journal and a gift certificate to a journaling class with Lauri Pointer! How about a musical CD of Tibetan Singing Bowls and a gift certificate for a sound healing with Jan Mead? Get the idea?

Restaurants all offer gift certificates and a nice meal or even coffee and dessert can lift anyone's spirits! A little Mexican fiesta at the Rio? Classic coffee or cocoa at Déjà vu? Japanese cuisine at Mt Fuji? Put the gift certificate into a lovely card, purchase a basket, or mug or chopsticks and holders and voila! A theme present!

You will receive as much joy shopping at these places as you will in giving the exquisite and thoughtful gifts you will find! Treat yourself to a little something while you're at it!

If material items do not appeal to you or your special someone, you might consider donating to your loved one's favorite cause in their name; or adopt a Native American elder and assist those who need a hand! (Adopt-A-Native Elder Program, PO Box 3401, Park City, UT 84060, www.anelder.org) Become a volunteer at the Food Bank or any of the missions in the area. There is much you can do to make the season happier!

Happy holidays, and may all enjoy peace and plenty in the coming year!

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